

Legend for the model

Orange-marked factors

= factors that have made my academic success more difficult

= factors that have increased my doubts and motivation to withdraw from my studies

Green-marked factors

= factors that have been helpful or supportive for my studies

= my strengths or resources

Arrows between factors

- Arrows between boxes or between individual factors can be used to show what has influenced what, and in which way.
- The direction of the arrow shows how the factors have influenced each other (one-way or mutual influence).
- If necessary, the colours green and orange can be used to mark the type of influence:

orange arrow = has had a negative/hindering effect

green arrow = has had a positive/supportive effect